

# SELF STUDY MODE LEARNING

Self-studying is a learning method where students direct their own studying—outside the classroom and without direct supervision. Since students are able to take control of what (and how) they are learning, self-study can be a very valuable way for many students to learn. Self-study and traditional classroom learning can be used together to help your Student get the most out of his or her learning experience. Together, these methods help students learn and retain information better, helping boost comprehension, grades, and motivation.

## THE IMPORTANCE OF SELF-STUDY

Self-studying is a great method students can use to enhance their learning experience, whether they are studying for a course or learning about a topic for fun. Using self-study, students are able to go beyond simply learning what their class textbooks and instructors teach them. By practicing self-study, they are encouraged to further explore topics they are interested in, developing stronger study skills as a result. One of the major advantages of self-study is that students can take control over their own learning. And when students have control, they become even more interested in learning.

That's good news for everyone!

## THE BENEFITS OF SELF-STUDY FOR STUDENTS

1. Students learn more effectively. Exploring a topic on his or her own encourages your Student to actively engage with the information. Self-studiers are able to think about topics more deeply and make connections between what they are learning. And when students are engaged (and excited) about what they are learning, they're able to remember it better.

Self-study also helps build study skills your Student can use to explore new topics or tackle challenging schoolwork.

2. Students discover more about the topics they're studying. Self-study is all about searching out new information on a topic your Student is interested in. Seeking out this information themselves gives students a chance to learn more about that topic (rather than just what they are taught in class).

3. It can boost students' self-esteem. As students do more self-study, many become more confident learners. They are able to see themselves as an independent person who is able to learn new things without anyone helping them. This can be a major motivation boost for students.

4. Students can learn at their own pace. Self-study allows students to take learning at their own pace, focusing on areas they are most interested in (or want to understand a bit better). This helps reduce feelings of frustration, anxiety, or boredom that students may struggle with in a classroom setting.

5. Encourages curiosity. Curiosity is one of the biggest (and often overlooked) pieces of motivating students to learn. When students aren't engaged with what they are learning, they absorb less of the information. They study to memorize rather than understand. Self-study allows students to choose something they are interested in and excited to learn about, leading to a more effective learning experience